



DIABETIC CARE SCHEDULE*		
CARE ITEM	TARGET	FREQUENCY
A1C	Under 7% (under 6% for pregnancy)	Every 3 to 6 months
Microalbumin / creatinine ratio (urine protein)	Under 30 mg / g Cr	Annually
Blood Pressure	Under 130/80 mmHg	Each visit
Dental Exam	Normal	Every 6 months
Eye exam	Normal	Annually or Ophthalmologist recommendation
Foot Exam, Complete	Normal	Annually
Foot Exam, Visual	Normal	Every visit and daily by patient
Flu vaccine	Done	Annually
HDL cholesterol	Over 40 mg / dL	Annually
LDL cholesterol	Under 100 mg / dL (with heart disease: under 70 mg / dL)	Annually
Triglyceride	Under 150 mg / dL	Annually

* Recommendations may be modified depending on individual circumstances.

* Based on 2007 American Diabetes Association Clinical Practice Recommendations.